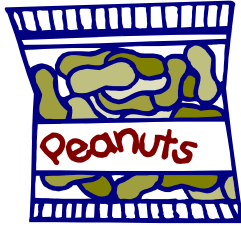
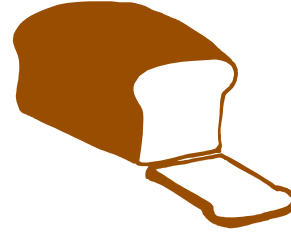


### **Peanuts, salted**



<b>Calories</b>	<b>599</b>
<b>Fat</b>	<b>73</b>
<b>Protein</b>	<b>16</b>
<b>Carbohydrates</b>	<b>11</b>
<b>Health rating</b>	<b>34</b>

### **Bread, white**



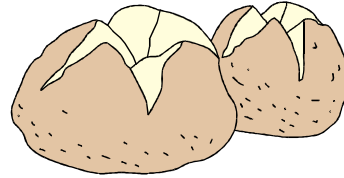
<b>Calories</b>	<b>291</b>
<b>Fat</b>	<b>12</b>
<b>Protein</b>	<b>12</b>
<b>Carbohydrates</b>	<b>76</b>
<b>Health rating</b>	<b>29</b>

### **Rice, white**



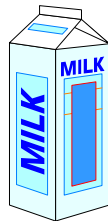
<b>Calories</b>	<b>130</b>
<b>Fat</b>	<b>2</b>
<b>Protein</b>	<b>8</b>
<b>Carbohydrates</b>	<b>90</b>
<b>Health rating</b>	<b>38</b>

### **Potato, baked**



<b>Calories</b>	<b>93</b>
<b>Fat</b>	<b>1</b>
<b>Protein</b>	<b>6</b>
<b>Carbohydrates</b>	<b>93</b>
<b>Health rating</b>	<b>42</b>

### **Milk**



<b>Calories</b>	<b>51</b>
<b>Fat</b>	<b>33</b>
<b>Protein</b>	<b>29</b>
<b>Carbohydrates</b>	<b>38</b>
<b>Health rating</b>	<b>53</b>

### **Chocolate bar**



<b>Calories</b>	<b>512</b>
<b>Fat</b>	<b>47</b>
<b>Protein</b>	<b>5</b>
<b>Carbohydrates</b>	<b>48</b>
<b>Health rating</b>	<b>11</b>