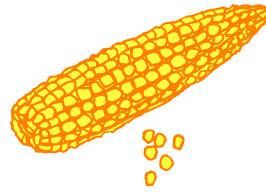


### Tomato



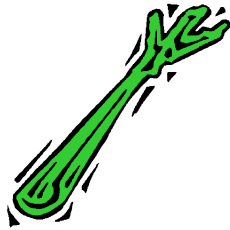
|                      |           |
|----------------------|-----------|
| <b>Calories</b>      | <b>21</b> |
| <b>Fat</b>           | <b>13</b> |
| <b>Protein</b>       | <b>10</b> |
| <b>Carbohydrates</b> | <b>77</b> |
| <b>Health rating</b> | <b>78</b> |

### Sweetcorn



|                      |            |
|----------------------|------------|
| <b>Calories</b>      | <b>277</b> |
| <b>Fat</b>           | <b>39</b>  |
| <b>Protein</b>       | <b>28</b>  |
| <b>Carbohydrates</b> | <b>43</b>  |
| <b>Health rating</b> | <b>81</b>  |

### Celery



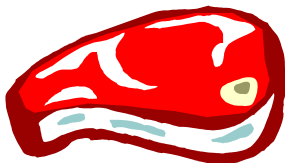
|                      |           |
|----------------------|-----------|
| <b>Calories</b>      | <b>13</b> |
| <b>Fat</b>           | <b>10</b> |
| <b>Protein</b>       | <b>12</b> |
| <b>Carbohydrates</b> | <b>78</b> |
| <b>Health rating</b> | <b>81</b> |

### Pepper



|                      |           |
|----------------------|-----------|
| <b>Calories</b>      | <b>26</b> |
| <b>Fat</b>           | <b>10</b> |
| <b>Protein</b>       | <b>9</b>  |
| <b>Carbohydrates</b> | <b>81</b> |
| <b>Health rating</b> | <b>79</b> |

### Steak



|                      |            |
|----------------------|------------|
| <b>Calories</b>      | <b>238</b> |
| <b>Fat</b>           | <b>42</b>  |
| <b>Protein</b>       | <b>50</b>  |
| <b>Carbohydrates</b> | <b>0</b>   |
| <b>Health rating</b> | <b>42</b>  |

### Tuna



|                      |            |
|----------------------|------------|
| <b>Calories</b>      | <b>116</b> |
| <b>Fat</b>           | <b>6</b>   |
| <b>Protein</b>       | <b>94</b>  |
| <b>Carbohydrates</b> | <b>0</b>   |
| <b>Health rating</b> | <b>49</b>  |